



17 & 18 / 10 / 2026
(六及日 Sat & Sun)

2:30 & 4:30 pm

元朗劇院演藝廳

Yuen Long Theatre
Auditorium

— 跨越藝術界限，發掘創意無限！ —

Get hands-on and creative with friends and family!

踏入秋季，不如來元朗參加一場聯乘不同藝術形式的創意實驗！由專業導師帶領，在視覺藝術、舞蹈及音樂三個藝術領域中發掘創意，為親子帶來獨特的藝術體驗！

Immerse yourself in a world of creativity this autumn with cross-disciplinary arts in Yuen Long! Led by professional tutors, these workshops bridge visual art, dance, and music, offering a vibrant, multi-sensory artistic experience for parents and children alike!

適合 6 歲或以上
For ages 6+

10 歲或以下兒童需由成人陪同參與
Children aged 10 or below need to be accompanied by adults

舞蹈 × 視覺藝術

Dance x Visual Arts

17/10/2026 (六 Sat) 2:30 - 4^{pm}

導師
Tutors 徐茵祈 Liz Tsui & 高便蓮 Ko Bin Lin

由生活出發，將身體和日常用品轉化成雕塑，透過人與人及人與物之間的接觸探索各種關係和連結。

Get artsy inspiration from everyday life! Transform your body and ordinary objects into living sculptures, and discover the surprising connections between humans and the things around us.

#建立連繫 Building Connections



音樂 × 視覺藝術

Music x Visual Arts

17/10/2026 (六 Sat) 4:30 - 6^{pm}

導師
Tutors 陳庭章 Tim Chan & STICKYLINE

一件物品能有幾多種發出聲音的方法？迸發創意，用日常生活中隨處可見的物料創作音韻，發掘音樂的可能性。

How many sounds can you create with just one object? Unleash your creativity and turn everyday objects into music!

#探索聲音 Exploring Sounds

粵語進行，輔以英語及普通話
In Cantonese, supplemented by English and Putonghua

視覺藝術 × 舞蹈

Visual Arts x Dance

18/10/2026 (日 Sun) 2:30 - 4^{pm}

導師
Tutors STICKYLINE & 徐茵祈 Liz Tsui

透過紙張、身體及舞台探索不同空間和結構，細味我們的感受，以故事表達我們當下的情緒。

Using paper, your body, and the stage as your tools, you'll explore the spaces around you, tune into your feelings, and bring your story to life.

#肢體語言 Body Language



了解詳情 Learn More



正價 \$150 *特惠 \$100
Standard Concessionary

*全日制學生、殘疾人士及看護人、60 歲或以上長者及綜合社會保障援助受惠人士
Full-time students, people with disabilities and the minder, senior citizens aged 60 or above and CSSA recipients
每次購買任何 4 張門票或以上，正價門票可獲 9 折優惠（不可與其他優惠同時使用）
10% discount applies to full-price tickets for each purchase of 4 or more tickets
(Cannot use in conjunction with other discounts)
同時購買兩場工作坊，可獲全單 8 折優惠
20% discount for purchasing 2 workshops tickets in a single order
同時購買三場或以上工作坊，可獲全單 7 折優惠
30% discount for purchasing 3 or more workshops tickets in a single order

視覺藝術 × 音樂

Visual Arts x Music

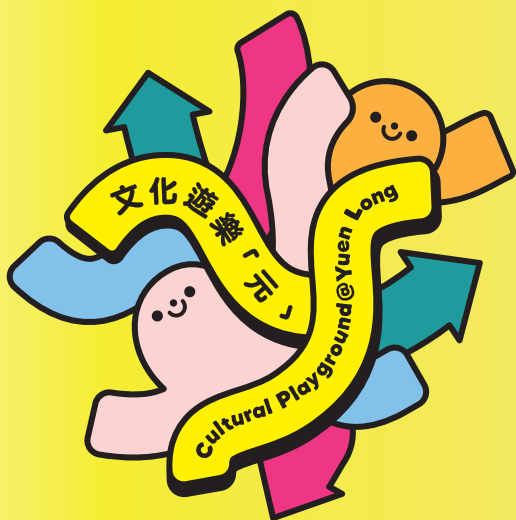
18/10/2026 (日 Sun) 4:30 - 6^{pm}

導師
Tutors 高便蓮 Ko Bin Lin & 陳庭章 Tim Chan

感受葵扇上盛載的物料帶給你的觸感，聆聽它們發出的獨特音韻，一同譜奏大自然的樂章。

Wave a palm-leaf fan, tune into its rustling whispers, and compose your own symphony with nature.

#自然之美 Beauty of Nature



文化遊樂「元」

Cultural Playground

@Yuen Long

聚焦香港文化「元」地
探索不一樣的藝文旅遊新體驗

「文化遊樂『元』」由獲獎無數的誇啦啦藝術集匯主辦、康樂及文化事務署贊助，是一個嶄新的本地藝文深度遊企劃，涵蓋多樣文化藝術節目，從歷史古蹟互動體驗劇場、濕地生態視聽體驗、社區故事蒐集到一系列表演及視覺藝術節目和工作坊。

計劃旨在透過藝術，將元朗豐富多樣的歷史文化和生態底蘊融入旅遊，連繫社區，讓本地及訪港旅客更深入認識元朗，體驗香港獨有的藝文氣息！

Authentic cultural experiences
Turning Yuen Long into your cultural playground

Presented by AFTEC, the award-winning NGO, and sponsored by LCSD, *Cultural Playground@Yuen Long* is a new initiative that blends arts, history and culture into travel. The project features a wide range of arts and cultural experiences, from promenade theatre along the Ping Shan Heritage Trail, visual-auditory explorations in wetlands, to performing and visual arts happenings across Yuen Long, as well as a collection of community stories that celebrates the district's rich human tapestry.

Whether you are a local resident or a visitor, *Cultural Playground@Yuen Long* will offer you fresh perspectives and a deeper understanding of Yuen Long. Join us on this journey of new discoveries.

www.aftec.hk



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Tickets also available at art-mate, UUTIX, Damai, Maoyan

節目查詢
Programme Enquiries

2520 1716

info@aftec.hk

立即報名
Register Now

